



## Family Education On The Quality Of Child Care In The Covid-19 Era

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### **Abstract**

The first education for children from an early age is that of the parents. This study aims to describe the role of family education that will affect the quality of children through parenting and parenting. This study used a qualitative approach with a descriptive method to obtain information related to family education about children's calories. Children's calories need to be supervised by parents to determine whether or not the child's nutrition intake is sufficient to fulfill nutrition in children so as not to excess calories in early childhood. Data collection techniques using observation, interviews, and documentation. The results showed that parents assisted children by guiding children in learning and doing assignments from educators, a series of habituation models in speech and behavior.

**Keywords:** Child Care; Child Education; Covid-19; Parents.

### **Introduction**

The first education for children is from the family to get their first education from their parents, not from school (Anhusadar, 2021). The family has an essential role in educating children and education, teaching in the family, making parents the main educators for children at home, and informal education for children before school is an educational institution. Every family has a different strategy in educating children due to other inputs so that it has a process that produces different outputs (Angka, 2021).

Education in the family is the primary stage for children, it can be said as the initial foundation for getting to know education before education through formal institutions (Hijriyani & Machali, 2017). Primary education for children comes from the family, before children receive educational direction from schools, the family has the primary responsibility for children's education, namely with the main reference regarding religious education, moral cultural values as capital in educational social communication. In the family environment, pay more attention to fathers and mothers to become educators, especially in early childhood, to educate the family (Widiyanto & Gamelia, 2017). Every family has a different investment in children's education strategies. If the father and mother lack the knowledge and understanding in educating their children, it will affect the quality of the child (Oktaviani, 2021). The lack of knowledge and appreciation from mothers and fathers results in children's behavior, speech, and even acceptance of parental stimuli that must be given to the child optimally from an early age (Jumiatin et al., 2020). The family has an essential role in providing education to children so that they are not optimal.

The care of fathers and mothers is a determining aspect of children's success in seeking knowledge, an essential role of parents at all stages from the beginning to nurture and stimulate children's growth and development (Heldanita, 2016). Golden age children need to be given the proper stimulation to be optimal and, according to their age, to inspire (Huda & Iman, 2017). Family education is one of the children's life efforts for the future. In educating children, parents must have their own ways, have different ways of treating children, provide parenting that has advantages and disadvantages so that it has an impact on the quality of the child (Margowati & Astuti, 2017). Father and mother provide good stimulation so that from an early age they can form good quality children, and in accordance with the expectations so that the child can grow and develop well with a pleasant childhood (Mulyana et al., 2021). Providing the best role model in giving activity values to children, children have the habit of getting examples from the practices of their parents and other family members that have become daily habits (Lestaringrum, 2017).

Education is an asset for humanity in the process of life until the end of life. Education is a human effort to cultivate and hone potential and follow the character values in the human soul (Aulina & Yuli, 2019). The life and development of children are very much influenced by the surrounding environment, especially the family environment (Silalahi et al., 2016). The family is the largest unit in educating children by instilling the best things from behavior to speech so that parents can provide stimulation by setting an excellent example because children are a mandate from God. The family environment is very closely related to children being given primary education and a foundation for children (Yaswinda et al., 2020).

The low level of knowledge and understanding of children's education while at home results in the use of parental learning less effectively in the world of education, and fathers and mothers who do not understand education so cannot provide explanations for learning to children while studying at home (Ra & Bima, 2021). The teaching of children in the family is very influential from the parenting style without being aware of by the parents because the role of the family is huge in providing an excellent example for children or educating children. In addition, mothers must open their eyes to today's super-sophisticated technology to dig up valid information to provide learning guidance to children.

The role of the family environment is one of the pillars in higher education. The family environment is the central pillar of forming children; the family environment will affect children's attitudes and habits (Dewi & Magta, 2020). The family environment can also play a role as a source of children's knowledge to affect the quality of the child both in terms of behavior and children's speech. If the parents exemplify good speech, the children will follow the examples, and the habits of the parents that have been implemented (Perdana, 2020). The family environment must be able to provide and prepare education for children to become educated successors by shaping the child's personality that is good, social, and polite. The primary responsibility of the family environment is the physical and spiritual growth of the child through educating and guiding the child so that the parents can direct the child. The development of the attitude and personality of the parents in communicating well will have a good impact on the child.

Currently all countries in the world including Indonesia are being hit by a health-related disaster called the coronavirus disease or Covid-19 (Amalina, 2020). This virus not only threatens public health but threatens the economy and education (Satrianingrum & Prasetyo, 2020). The Covid-19 outbreak is still ongoing so that the world of education in Indonesia is held based on learning. All activities are carried out at home through an online system regarding the implementation of education in the Covid-19 emergency. The performance of home studies does not mean that teachers only provide homework for children. Child but participate in communication with parents to assist children in completing assigned tasks. The education sector takes action to shift learning online or learning from home, and this changes the education system which has an impact on disrupting teaching and learning activities.

The Covid-19 outbreak requires everyone to avoid crowds and not leave if there is no urgent need (Wiresti, 2020). Early childhood as one of the victims of the environmental impact of educators because they are moved and replaced by learning at home (Candra, 2018). In the 21st century, Covid-19 requires online learning to break the chain of spread (Dewi & Magta, 2020). This has an impact on all limitations in children's education, therefore fathers and mothers must further guide their children when learning their children, and motivate children to have enthusiasm done online, and the role of parents now doubles as teachers for children at home. Mothers and fathers take care of children and educate children to provide a comfortable learning atmosphere for children at home. Children can quickly receive learning from the teacher, including guidance from parents in offering direction to children when children experience learning difficulties.

Providing good examples by instilling exemplary things when a pandemic occurs, we get examples from the habits of fathers and mothers so that children will imitate their family habits that have become habits (Hewi & Asnawati, 2020). Children's learning methods must be considered, namely: 1) Learning gives appreciation to children; 2) Guiding children in learning from home; 3) Utilizing nature as a learning method; 4) Play and learn; 5) Give opportunities to children while learning. However, the principles of children's learning have not been well understood by the community so that learning occurs spontaneously and provides a pleasant learning atmosphere for children.

The purpose of this study was to determine the importance of family education regarding the quality of childcare in the Covid-19 era because not many parenting patterns of parents are affected by the current pandemic—parents who have a lot of pressure from work or have to accompany children when studying online. Parents must be patient with children online and create a pleasant home atmosphere for children so that children do not play outside to prevent their exposure. This research adds insight for parents in responding to, educating, and caring for early childhood a prolonged pandemic. In addition, to determine the impact of children's education on families during a pandemic, educators can be a bridge for parents when they encounter problems in parenting and accompanying children when learning online. The importance of research being carried out. Namely, it can be used as a reference for parents to provide parenting patterns for children during a pandemic because it will impact the quality of early childhood.

## Literature Review

Currently, the various potentials of human existence are overgrowing. Early childhood education is a golden age. Therefore, the role of fathers and mothers is sufficient to provide stimulation to children in terms of education and nutrition for children so that children are optimal in their growth and development; fathers and mothers can guide learning (Novitasari & Filtri, 2018). Especially at this time, learning is done online or learning from home because there is still a Covid-19 epidemic that has not disappeared from the face of the earth so that children are forced to learn from home (Pramana, 2020). The role of fathers and mothers in guiding children in learning at home is significant, and children will be helped when they encounter obstacles in learning from home (Purba & Gusar, 2020).

Family education will be closely related to the quality of children; fathers and mothers need to provide parenting that does not restrain or prohibit children's desires. Especially in early childhood, they need to be guided and always want to try new ones (Salehudin et al., 2020). Family education is related to how fathers and mothers care for their children. Good caregivers who accept the presence of children provide good stimulation from an early age (Rakhmawati, 2015). Good parenting, where the father and mother pay attention to the child's needs according to the needs, is perfect for developing attitudes in children. Children can be independent, react well, and fathers and mothers act warmly and care for their children (Mufaziah & Fauziah, 2020). Mothers and fathers who carry out family education well, the quality of the child will have a significant impact because children are re-imitators, and fathers and mothers are role models for children so that children have good rowing models.

The spread of Covid-19 has become a hot topic worldwide, including Indonesia, has affected many countries, and in response to this outbreak, Indonesia has a policy of maintaining distance (Trisnawati & Sugito, 2020). The pandemic forces all education components to compete using home learning methods by utilizing advanced technology. In this way, education can be continued for the teaching and learning process through learning applications (Hasbi, 2012). In learning at home, the father and mother have a significant role in accompanying children's learning, guiding children in learning so that children feel controlled (Setiardi, 2017). Teachers, fathers, and mothers need to maintain good communication to consult about children's learning and child development during a pandemic, or father and mother find obstacles or difficulties that the teacher can discuss to find a solution outside. Learning children at home gives a feeling of boredom, so the role of father and mother is necessary to create a pleasant learning atmosphere, one of the qualities of children, if children are given good care, the children will have quality. Family education for early childhood and even adult children will have a big influence.

## Method

The type of research used by researchers is descriptive qualitative research. The qualitative method describes the problem, research based on the situation, or the need for multiple variable explanations because this research uses qualitative methods. In connection

with social phenomena in society, namely analyzing family education on the quality of children in the Covid-19 era. The research object is the parents who work and have early childhood education in RA Miftahul Huda Cirebon, totaling 20. This research was conducted through a field observation program on March 8, 2021, through field observation procedures, data collection, and research data analysis. This research was conducted to check the validity of the data on teachers at RA Miftahul Huda Cirebon. The children's learning process is carried out at home. The teacher monitors the child's development and assigns assignments via the WhatsApp group. The primary data collection techniques used by researchers were observation and interview techniques. The data analysis used by researchers is the following steps:



## Findings

Early childhood is a period that requires special attention because it is a period that is fast and easy to see and measure. If there are developmental barriers, it will be easy to intervene to reach perfect maturity. Early childhood is usually called the golden age, which is a time of all excess. The privilege will not be repeated a second time. This is why this period is often referred to as the defining period of the next life. In this case, maturity is also a golden opportunity for mothers and fathers to provide the proper stimulation and stimulate the ability to develop children's lives. The children in the family usually occur in an environment that is too protective of their mother. As a result, the child's creativity is reduced.

Coronavirus disease or the covid-19 pandemic causes children to change in schools; before the pandemic occurs, direct learning activities are carried out through play and learning activities. Children are centered on teachers who act as educators in school institutions. Now learning is currently oriented towards parents as the primary educators when children learn at home and challenging activities for parents.

The teacher gives assignments through the WhatsApp group to provide learning to children. According to researchers' observations, parents offer assistance to their children in the distribution and assistance process from starting online learning to completion. Teachers will monitor via WhatsApp groups, but some parents experience difficulties in online learning, such as difficulty using the WhatsApp application, difficulty buying sufficient quota to keep bags, and bad signals. Online learning during the pandemic did encounter many challenges and obstacles, but parents tried to be good educators for their children. Based on the interview

results, parents experienced difficulties, but the teacher provided directions and input to minimize these obstacles. In addition, the teacher offers book references for parents as guidance in guiding children's learning, good communication between the two, and watching YouTube because there are so many tutorials in providing learning directions for children during this pandemic, and this will have a positive and easy impact. Parents to help children learn. Studying at home provides opportunities for children to learn and is guided by parents.

Every family has a different way of educating children in teaching and guiding children's learning. Some people give freedom to their children first for rules such as letting children play and then inviting children to study together. Mothers and fathers can provide proper care to children, family education for children is critical and make a strong foundation, provide proper stimulation by providing good cultivation and fulfillment of children's nutrition because it will affect the child's brain cells. Quality children will grow from quality families in educating, directing, instilling, and providing good food.

Providing direction to children while studying at home, fathers and mothers need to accompany the child while looking, helping children who have problems when the child does not understand the explanation from the teacher. Mothers and fathers have a significant contribution, and parents must provide the best for their children. Fathers and mothers need to create a fun learning atmosphere for children so that children don't lose the learning atmosphere at school by providing a learning atmosphere similar to school. So that children's enthusiasm will increase even though the excitement of early USA children is only 5-10 minutes. However, the father and mother can build a child's enthusiasm by providing a comfortable but fun learning atmosphere to make the child feel good.

During a pandemic, young children are tired of learning from home because they are prohibited from traveling without urgent needs and avoid crowds to prevent contracting the Covid-19 virus: the surrounding environment and the condition of the surrounding community. Mothers and fathers have the right to provide a comfortable and attractive learning atmosphere that can stimulate children's motivation to learn independently. Following the principles of early childhood education, parents must learn while playing with their children. Parents must be creative in their fields to create a fun learning so that children are comfortable in the learning process. Incomplete, parents already have the willingness to add knowledge through books, YouTube, or related media.

Mothers and fathers create bright or fresh children's learning spaces, explanations that are easily understood by children so that children don't feel bored or bored in carrying out learning at home. Mothers and fathers who apply proper care for their children and free the children but control the children can have qualities because they are obtained from mothers who provide the proper stimulation, appropriate nutrition, and a warm and loving home atmosphere. Mothers and fathers need to provide sound nutritional intake to their children to be fulfilled with good nutrition for children. Early childhood has the right to get healthy food so that it can be optimally developed. Providing good nutritious food for children is one way for mothers and fathers to provide stimulation in healthy food for children. Nutritious and healthy food will have a big impact on children, such as children eating fish. Nutrition is fulfilled because they contain

fish. High in fish oil and protein. Good for child development, especially children in the golden age period.

The health and nutrition of children during a pandemic are significant and need to focus on mothers and fathers to protect children's immunity from viruses. If the mother gives the child good nutrition, the child will be immune because they are given healthy food and vegetables good for the child's limbs and brain. Early childhood is very appropriate to be given nutritious, healthy, and plant-based foods. To get children into the habit of eating vegetables, fathers and mothers must provide an example for their children first, introduce vegetables to children, and make vegetable displays as attractive as possible to make children curious. Control of children Food intakes such as instant noodles and fast food because these foods contain little nutrition and contain MSG, which is not suitable for children's growth and development. Make food healthier if made at home because it will be controlled and clean, nutritional intake.

In addition, it can be a way to stimulate mothers and fathers to stimulate children through food intake. Fathers and mothers can provide healthy drinks such as making fresh fruit juice without sugar, which is sweetened only from direct fruit. There will be more nutritional content for the child, which is very much needed for child development. Namely, cows' provision can be one way to stimulate mothers and fathers in producing children through food intake. Fathers and mothers can provide healthy drinks such as making fresh fruit juice without sugar, which is sweetened only from direct fruit. Because there will be more nutritional content for the child, which is very much needed for child development, cows' provision can be one way to stimulate mothers and fathers in producing children through food intake. Fathers and mothers can provide healthy drinks such as making fresh fruit juice without sugar, which is sweetened only from direct fruit because there will be more nutritional content for the child, which is very much needed for child development, namely the provision of cows'

Teachers who complete assignments via WhatsApp groups provide a level of teaching via smartphones because face-to-face is too high a risk in the current pandemic. Consistent e-learning has not been implemented effectively, so teachers need to write lesson plans and focus more on maximizing teacher-child interaction. The teacher gives assignments through the WhatsApp group; then the parents send the projects that the child has done and send photos or videos to the group as a sign that the child has carried out his learning guided by his parents. The teacher also uses the WhatsApp group as a medium, uses video calls with children so they can meet directly through cellphone screens, can interact with children, provide video call-based teaching. Apart from video calling,

## **Discussion**

The role of the family environment in children's development can be given internal and external supervision. The part of the family environment is integrated with schools and society (Oktaviani, 2021). Many parents are busily entrusting their children to school, resulting in parents losing knowledge of child development. Parents must be able to sort out the time between work and educate and monitor children's growth and development (Rakhmawati, 2015).

The family is the child's first environment; the child begins to meet with other social interactions and behaviors in the family. The family consists of at least a mother, father, and child. Families have an essential role in educating children, namely spending time with children, interacting and communicating so that the words of driving with children increase, being a role model mother has a positive role model for children because children will imitate their parents. Mothers stimulate children's growth and development.

During the Covid-19 pandemic, parents, in particular, must assist children's learning when schools are implemented online, and parents increase children's learning motivation. Government policies on home learning are leading to a changing role of education, and this requires strong collaboration between parents and teachers to inform children's learning progress while at home. Formal education that is usually carried out at school becomes carried out in the family. However, activities that are all carried out at home, cause psychosomatic effects. Working mothers are usually at home when their children wake up and come home from work when their children are going to or are already sleeping. This reduces the quality of time between mother and child.

Impact the Covid-19 pandemic can change all mother habits. Now mothers, children, and other families have to stay at home. Parenting can make the psychosocial functioning of the parents effective in the short term. Family is a minor social environment, but it has a significant influence on the quality of children. If parents provide the proper education, it will be an early and robust foundation for children to register and then do habituation to make them quality.

Covid-19 does not ultimately hurt human life, because currently people are forced to learn to use information technology in their daily lives subtly. Teachers and students who had never previously imagined studying on a laptop or cellphone did that. Parents who have only supervised their children after school now have to become substitute teachers when their children learn from home. But unfortunately, not all teachers and children can use technology optimally, especially senior teachers who are elderly. This follows the research results (Yaswinda et al., 2020), which states that during distance learning, the ability to use computers and smartphones and the internet is required, which is not yet mastered by all children, including senior teachers. Fortunately, parents, especially mothers, help their students while studying from home. Mother has additional duties besides the work she usually does daily. Even the mother helps the child in doing the tasks given by the teacher. However, helping children with assignments does not mean that parents can replace all the roles of teachers in school.

They are providing good nutritional intake from food and drinks to children to stimulate mothers and fathers to support their children's growth and development, in addition to maintaining children's immunity during a pandemic. The current pandemic is to maintain health. Nutritious and healthy food is needed to keep clean food for consumption. So sports that can be done is one way of educating families to preserve the intensity of togetherness together, to maintain body fitness in the midst of the current pandemic. Mothers and fathers can provide some stimulation, approaches to produce quality children. If the child has been given a quality education, the child will be quality because PAUD is an excellent imitator, and mothers and fathers are role models for children.



Accompanying children to learn from home while parents doing work that must be completed from the office or from home is indeed a challenge in itself. It would help if you remembered that parents at home are not to replace all the roles of teachers at school. Apart from that, the online learning system also has other obstacles. This statement is supported by this opinion (Trisnawati & Sugito, 2020). When the online learning system is implemented, various problems faced by teachers and students will arise, such as learning material that has not been completed but then replaces with other assignments. This then developed into complaints from parents because teachers gave more lessons to students. However, the advantage is that parents can pay attention to the growth and development of their children in the learning process (Maulidia & Hanifah, 2020).

Learning in the pandemic period provides opportunities for mothers and fathers to get closer to children. Usually, parents pay less attention to children's learning because teachers provide learning to children every day. So it is different now in the Covid-19 Pandemic provides opportunities for mothers to guide children's learning during education at home, give explanations to children, and create a comfortable but fun learning atmosphere for children (Satrianingrum & Prasetyo, 2020). One of these efforts is made so that children do not feel the impact of online learning; early childhood can more freely learn directly at school and interact with peers and school teachers. The school environment can stimulate children to be more active through the games available at school. Children can play freely during recess. In addition, learning at the teacher's school can monitor the child's development directly and see the child's condition when he is happy or crying. But now, unlike the pandemic, learning must be done at home using a smartphone with an internet quota through the WhatsApp group. Before using the WhatsApp group application,

## **Conclusion**

The Covid-19 pandemic provides roles and responsibilities for parents to become primary educators for children while at home. Parents have a role, namely accompanying children to do assignments, accompanying children when online learning is carried out because being accompanied by parents will affect the quality of children's education. In addition, parents need to choose a pattern of care for early childhood, significantly when a pandemic affects the quality of early childhood. Parental education will also affect children's learning because if accompanied by parents. It will be controlled and will have a significant impact on the quality of the child when the parents provide such a wide range of love by delivering exemplary examples for children because parents are inline models. It will impact the quality of children if parents provide a good line model. It will significantly affect the quality of good children, especially in a pandemic like now. Of course, children need guidance, examples of habits from parents. Parents determine the quality of their children. If parents provide education that makes children feel comfortable and close, then the quality of the children is good too. Quality parents apply for good childcare, so their children will be qualified because parents are models.

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