



## **The Role of the Teacher In Managing Child Emotions at *American Academy Casablanca School Morocco***

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### **Abstract**

Emotions are the most basic thing in a person. Emotional management needs to be done early on, especially for anyone so that emotions can be controlled in a better direction. In early childhood emotions need to be managed even when starting to enter school age. Many impacts will occur if a child is not able to manage his emotions properly. Emotions generated by children can be caused by many factors such as external and internal factors. The method used in this research is qualitative with a case study approach. In this study the teacher who will be the object of this research is 1 teacher. The criteria are teachers who teach early childhood aged 4-5 years who are included in group B. The purpose of this research is to see the teacher's role in managing children's emotions at the American Academy Casablanca in Morocco. Data collection techniques using interviews and questionnaires. The results of the study show that there is a teacher's role in managing children's emotions during play activities in learning activities in the classroom. There are several ways and methods that are applied by the teacher so that children are able to control their emotions in a better direction, such as the teacher will give advice to children when children are angry or sad. The next step is the teacher will use the time-out method if the first step cannot make the child control his emotions with the teacher's expectations.

**Keywords:** Teacher's Role; Emotional Management; Early Childhood

### **Introduction**

Early childhood is an individual who has an age of 4-6 years. During their development, children experience complex stages. Every aspect of child development will occur very rapidly at this age. Starting from physical motor development, religion and morals, language, cognitive and social emotional development. Therefore, proper stimulation needs to be given by adults and teachers. And one aspect of child development that is developing and needs proper stimulation is emotional development. Emotion is something reaction to something incident. Emotion could distinguished Becomes two that is emotion positive and negative . Elizabeth (nd) stated that emotions tend to be dominated by unpleasant emotions, but can be countered to a certain extent by pleasant emotions and vice versa. At an ideal emotional balance, the scales should lean towards the pleasant emotions so that they have the power to counteract the psychological damage caused by the dominance of the unpleasant emotions. It can be concluded that it is necessary to overcome the negative emotions that exist in children so that they develop in a positive direction so that the emotions are passed child in every development will fun.

Teacher as educator in the formal institution of the PAUD unit has role it's important to be emotional child always refers in a positive direction. Order child can accept himself and accept others. As Morris said when teacher give response negative to child with characteristic response positive so children will can understand emotion himself and others with way more (Muthmainah, 2016). Basically when teachers respond to children's negative emotions with a positive attitude and in a supportive way, children can gain a better understanding of their emotions and the emotions of others. Importance control emotion since small matters a lot child for could received with good for the environment. Because that because so importance position emotion in self somebody so need control emotion since early.

The school age period is the golden age of a child in his life. This will affect the next life. Because at this time all aspects of child development occur rapidly. One aspect of development that needs to be properly stimulated as an effort to prepare children for the next stage of life is to introduce basic emotions to children. Therefore it is important for educators to understand and understand so that children's emotions are always well controlled. According to Slamet (Susanti, 2018) states that research in the field of neurology has proven that around 50% of a child's intelligence will be created when the child is in his first 4 years. And after an 8 year old child their brain development will reach 80% and at the age of 18 it will be full at 100%. There are many way that can conducted in effort for control emotion child age early. Permendikbud explained there is some possible steps conducted in resolve or control emotions in children namely:

1. Introducing to child especially formerly method recognize emotions and ways for accept moderate emotions felt
2. Help child so they can express emotion with good
3. Give child time for convey moderate emotions felt
4. Give example good to child how method disclose emotion with good and true
5. Help children to always have good and positive outlook
6. Help child in solving current problem
7. Help child so they can manage moderate emotions felt (Ministry of Education and Culture)

Besides that teacher can too use various media as form in handle emotions in children During learning at school. Like the use of puppet media as alternative for resolve emotions in children. Besides the media used for means playing, apparently dolls too used for resolve emotions in children. This explained more continued by Elizabeth Hurlock is one form activity playing inside \_ room that can made in resolve emotional and social child is play doll (Elizabeth, n.d.). Could is known that doll could made as choice by the inner teacher effort control emotions in children.

Emotions are divided into two types, namely positive and negative emotions. There are several forms of emotion that are common in children as expressed by Elizabeth (Mulyani, 2013), namely feelings of anger, fear, jealousy, sorrow or sadness, curiosity, joy, and affection. All of that is normal and is commonly felt by children in their lives. The form of these emotions can also be classified into good and bad emotions. Next indicator to be researcher do in determine inside assessment study this is scale self- control assessment change emotion angry at the child. Because of the theory above already relevant used for see and judge change

emotions in children at school. In Thing this writer make study teacher 's role in manage emotion child studies case at the American Academic Casablanca school in Morocco.

## **Literature Review**

### **A. Development emotion child age early**

Emotion is form response somebody from circumstances that arose in him. Emotion could appear because various factor external and internal support. More carry on Suryana also says that emotion is something complicated situation could form feeling or form vibrations generated by the soul which then marked by change accompanying biologics with exists form behavior (Suryana, 2016) .Whereas Mashar mention that emotion is a form expression movement reflecting physique feeling somebody the (Mulyana et al) .Could is known that emotion is something form response self somebody from in the resulting from outside self someone who causes a number of expression self appear as form expression from feeling on moderate incident experienced.

### **B. Ability child age early manage emotion self**

Importance emotions in children are very influential stages life child next. At age school one benefit child could manage and control emotion with good is child will with easy accept every lessons given by the teacher. Whereas benefit other is child capable adapt and get along with good in the environment surrounding. This no regardless from the role of a teacher educator at school. Important for teachers to understand and introduce to child moderate emotions faced so that the teacher knows the right way for get over it. More carry on Fasikhah, et al explain that there is regulation emotion that is something ability in manage emotion During face possible situation obstruct for obtain something destination good characteristic intrapersonal, interpersonal nor destination other. (Fasikhah et al.) Important for children and teachers for knowing moderate emotions faced so that efforts made for resolve various problem emotion negative will right.

### **C. Teacher Efforts In Overcoming Early Child Emotions**

There are several thing that can internal teacher resolve emotions in children. As form handling order every child pass all emotion in a good direction. In Thing this teacher can To do various various activities and methods. In develop behavior social emotional teacher 's child can apply activity play role. According to Ismayiah activity play role could be one teacher 's efforts because with play role could develop social emotional child with give values positive or good inside every stories told and played by children (Ismayiah, 2022) . Next Aulia also explained other possible alternatives used by the teacher ie use of puppet media hands. According to him doll hand is very effective used because stimulate no only stimulate aspect development social but also can stimulate development emotion child, this because through doll hand child to do conversation with other friends besides that kids can too express various type feeling like feeling sad and happy when child currently play role from doll hand the. (Aulia et al) . Could concluded that there is a number of methods and media as well activities that can implemented by the teacher to child in framework for manage and overcome emotion characteristic child negative until changed to direction positive.

#### **D. Characteristics Of Emotional Characteristics In Children**

Emotion is one important aspect for given stimulation to every child order aspect development occur optimally. Every child will express every her emotions with method different . Emotions in general divided to two type that is good emotions and bad emotions. Good emotions someone usually gets individual when he feel accepted and appreciated in environment. As for form from good emotions is pleasure or happy, love dear and happy. Whereas emotions that are not good for someone nor child when he feel no received by one environment so that raises a feeling of alertness to environment. A number of form from emotions that are not good like feeling angry, disappointed, sad, embarrassed, jealous and afraid. Emotions generated by children have characteristic features so that educator could knowing realized early and get To do anticipation if find characteristic features following :

1. Emotions in children occur sudden and ongoing with short
2. Seen great or more strong
3. Not characteristic permanent or Keep going continuously
4. More Often occur
5. Easy for know it from Act behavior produced by children ( Windayani, 2021)

#### **E. Factors Affecting Emotions In Children**

Emotion a child could influenced by some factor good from in self child nor from environment. According to Novi Ade ( in Mahmud, 2021) explains there is a number of influencing factors emotion a child that is first state of self child. Intended state is for example child who has defects in his body or other drawbacks that will influence development emotion si child, even on impact period length will have impact on personality si child. Factor second that is factor learn, experience learned through child will determine potency emotion such as a) study with try it. Study child with method like this will try to be Secrete the emotions he felt through a number of behavior to be give satisfaction or no give satisfaction. b) Study with method copy or imitate, learn with method this is activity with method observe so you can done by children, with see, observe and imitate something uplifting other people's emotions, child will react and behave as he saw. c) Study with equate self. equate or liken self in children can seen by adults or educator on reaction copy emotions other people create he want to try it, done with no stimulus different so that has awaken the emotion of the person he imitated. So kid usually will copy or imitating people who become his role model it means if somebody has Becomes his role model so he will imitate that person. because attachment emotions and bonds emotional to yourself the child and the person has very strongly tied.

d) Learning through conditioning, meaning learning in this style through objects, what is meant by the object here is a situation that initially did not work to provoke a reaction from the child's emotions, but later succeeded because it was combined with associations. This conditioning occurs usually easily and does not take a long time in the early stages of life because children lack reason, recognize the irrationality of their reactions. e) Study with guidance and supervision, children taught method make money can received if her emotions horny. Through training child stimulated for react to usual stimulation awaken pleasant emotions and prevented so that the child no react in a manner emotional or excessive to negative direction or to things that don't pleasant for child. Third, that is conflict in the

process of development child, each child undergo various conflict or problem in undergo every phase development in general can passed with success. However if children observe conflict the usually child will experience disturbance emotions, Fourth, the environment family, one function family is socialization score family about method child behave and act behavior. For child family is deep fundamental example give good example to him. Through good experiences and examples taught by parents will embed good emotions about yourself every child because family is institution good pilot in every time it grows and develops. (Mahmud and Fajri, 2021)

## Methods

The research method used is a descriptive qualitative approach using a questionnaire in the form of a questionnaire or essay. The questionnaire was designed as simple as possible to make it easier for respondents to answer each question. For questions in the questionnaire using the 5W+1H formula.

### Indicator question

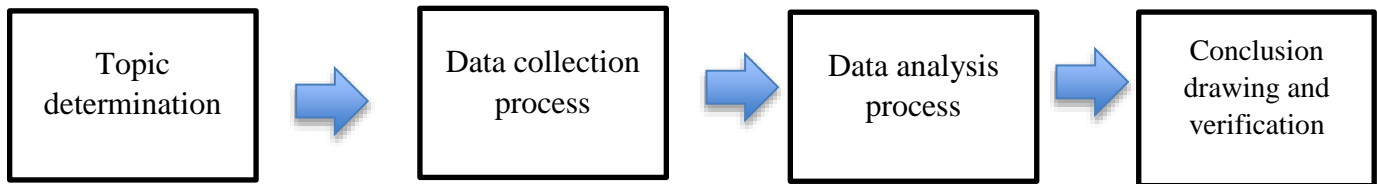
No	Question	Answer
1	What form frequent emotions child natural inside class during the learning process?	A number of child often show symptom sad emotions like cry or angry
2	Why emotion child suddenly disturbed?	Because child bullied by his friends when learn and play
3	What teacher's steps child experience emotions that are not stable while in class?	Teacher will stop child made problem that makes her friend cry or angry, then the teacher will give advice to naughty child for no apply like it.
4	When child show that her emotions feel disturbed?	when in study or often happened at the time are on circle time or introduction play environment
5	How teacher's way of coping medium child experience emotions that are not stable?	The teacher's first step will be give child advice, then separate medium child quarrel, then the teacher will try remind child about the rules of the game agreed upon at the start, if matter this happened at the time child scramble toys and finally quarrel until cry then the teacher will invite child for make peace then remind child about who is more before play toy such, however if child still not yet be kind and give good response then the teacher will request child do game " hompimpa" for determine who wins and who loses, because who wins will play

		<p>thing the especially formerly after that alternate with lost child. However when still kid still ca n't be reconciled with matter this then the teacher takes step final that is do time-out method. With method this child requested for ponder error, in matter this the teacher asked child sits in a chair that has been provided nearby wall class, then child told to be there to reflect and regret mistakes that have done. This done for 3-5 minutes until child truly deterrent and after it's the teacher back ask to child is will repeat same error or ask for sorry friend.</p>
6	<p>After the teacher does a number of effort or action how response child other to matter the ?</p>	<p>From step one until step the last thing another child's teacher would do see and observe every the actions and words conveyed by the teacher. In the time out method p this far more big influence to child other because child think if do error or things that don't liked by friends and teachers then will do same thing. For child the time out method is thing that isn't preferred because child feel exiled from his friends during learning.</p>

In this study the researcher did not manipulate or treat the object of research, but all events and circumstances went as they were. There are two data sources used, namely the first primary data source obtained from a Kindergarten B class teacher named Haseena Sultan who teaches at the American Academy School. American Academy School or abbreviated as AAC is a Moroccan formal educational institution located on the outskirts of Ville Virte, in the city of Casablanca. This private school is the first affiliated academy school in North Africa that provides the International Baccalaureate program under the auspices of the American private school which was first established in Boston, Massachusetts in 1996. There are 10 children in one class. As for the teacher who will be the main resource, namely 1 class B teacher.

The second data source is written notes in the form of questionnaires containing questions related to the research. For data collection methods using observation, interviews with one of the teachers who teach there, and questionnaires. The analysis of the data used is carried out continuously and interactively. The steps taken are in the form of data reduction, data

presentation, drawing conclusions and verification which are then adjusted to the needs of the research. The following is the research design used.



### Result/Findings

Based on the results of interviews that the researchers conducted with a teacher at the American Academy School in Morocco, it is known that there are several ways and methods that teachers use with children as an effort to control children's emotions. The teacher's way of managing children's emotions is by introducing children that there are consequences for the emotions produced. Children are introduced to the various emotions that are being felt. Based on the results of interviews and filling out questionnaires from informants, it is known that the emotions that children often experience are feelings of sadness or crying. This occurs when children are disturbed by their friends during playing and learning activities. Usually the emotions produced by children such as feelings of anger and crying. The cause of this incident is that most of them often fight over toys or disturb friends during learning.

The teacher's steps in overcoming this are that initially the teacher will stop the child from making trouble which causes other friends to cry or become angry, then the teacher will give some advice so that the child stops his behavior if this is not fair then the teacher takes the next step, namely the teacher separates problem child. At that time the teacher will again remind the child of the rules that have been agreed upon and will make peace if they have a problem. But if this still doesn't work for the two children, the teacher will do the "hompimpa" game for the children to determine who wins and who loses. The game "hompimpa" is usually done when children are fighting over toys and no one wants to give in. After the winners and losers have been determined, the child who wins will play the game first, then take turns with the child who loses. However, if there are still children who do not want to accept this, the teacher will take the final step, namely implementing the time out method.

This method is an activity to reflect on the wrong behavior that has been done by the child. If the child makes a mistake by stealing a friend's toy or disturbing a friend during learning, the teacher will ask the child to sit on a chair near the wall. This is also a form of isolation contemplating behavior towards children because of the behavior that has been done. In this step the teacher will provide a special chair for the child and the child is prohibited from interacting with other children until he really regrets it and promises not to do the same thing again. In its application, this method is quite influential on other children. Because based on information from the teacher concerned, it stated that with this time out method, other children would think that if they made a mistake or disturbed another friend, the teacher would order the child to do the same thing, namely to sit on a chair against the wall as he had done. his previous friend.

## Discussion

Good emotional management for everyone will have an impact on their life. Likewise with early childhood, not only the child's readiness in facing education and the next life but good emotions will cause the child to be able to get along well with peers in the surrounding environment. This shows that with unstable or unbalanced emotions it will cause children to get many things that are not good in the future starting from being despised by their friends, being disliked by teachers and parents and it is difficult for children to be able to adapt quickly and well to a new environment.

There are several impacts if the child has begun to understand and understand the emotional control introduced and applied by the teacher at school. Like a child who has begun to understand the cause and effect if he makes a mistake that causes his friend or teacher to dislike him. Thus the child understands the importance of things that provoke good emotions not to be done. Besides that, giving a small educational punishment is also one of the efforts made by the teacher to introduce other children to the consequences and impacts of making the same mistakes as other children.

In several PAUD institutions in Indonesia, the method of controlling children's emotions is almost the same as that applied at the American Academy Casablanca in Morocco, the teacher will separate the children who are fighting and find solutions to problems. But for the implementation of the time out method not many PAUD in Indonesia use this as a form of emotional control over children. However, there is a study that has implemented the time-out method as an effort to control children's emotions which shows that this method has an effect on children. This research was conducted by Susanti in 2018. In her research it was stated that the time-out method had a significant effect on controlling children's emotions in student studies at TK Inklusi Mutiara Hati Bandung.

## Conclusion

Every child has different characteristics and none are the same from one another. All aspects of child development with one another do not happen simultaneously and coincidentally. There are many factors that cause this to happen. Likewise with aspects of emotional development. In this case, children's emotions from an early age to adulthood will continue to develop rapidly according to their age. For this reason, the teacher as a facilitator and accompanying children while at school plays quite a role in controlling children's emotions so that they are controlled in a better or positive direction. Having negative emotions is not always bad for early childhood. This is also a form of overflow of pent-up emotions. In children who cry, this also includes negative emotions. However, if examined, this is the form of children expressing the emotions they are feeling. And in other matters, the teacher's assistance is needed so that the child acts normally which in the end does not cause his other friends to dislike him. Forms of behavior that friends don't like in this case are disturbing friends, seizing friends' toys, taking friends' things without permission, etc.

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